



Seán McHugh

Year of Call: 2005

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Practice Summary

Seán McHugh is a highly experienced specialist barrister practising in employment law, with substantial expertise advising and representing parties in employment disputes before the Employment Tribunal and civil courts. Since his call to the Bar in 2005, Seán has developed a strong national practice acting for both claimants and respondents, including leading corporate entities, government bodies, senior executives, professional and public sector organisations. He is known for his meticulous preparation, strong analytical ability, and persuasive advocacy in complex and sensitive employment matters.

Seán's breadth of experience includes high-value litigation and public interest discrimination cases, often involving intricate legal and reputational issues. His practice spans all core areas of workplace law, and he has achieved successful outcomes through both tribunal advocacy and judicial mediation. Seán is also qualified to undertake direct access instructions, enabling clients to engage him without solicitor involvement where appropriate.

Areas of Expertise

Employment Law:

High-value and complex employment disputes

Discrimination and equal treatment claims

Whistleblowing and protected disclosures

Unfair, wrongful and constructive dismissal cases

Advising and representing senior executives and public bodies

Strategic advocacy at tribunals and civil courts

Judicial mediation and alternative dispute resolution

Seán's practice has built a diverse client base across multiple sectors, reflecting his capability to handle intricate employment law challenges with both legal precision and commercial insight.

Professional Background & Qualifications

Call to the Bar: 2005

Practice Address: Listed on the Bar Standards Board's Barristers' Register at Queen Square Chambers, Bristol and Cardiff

Qualified for Direct Access instructions, enabling clients to instruct him without a solicitor where appropriate.

Seán's sustained commitment to employment law has earned him recognition among peers and clients for his clarity in legal reasoning and effectiveness in tribunal advocacy.

Why Instruct Seán McHugh

Clients benefit from Seán's blend of practical experience and technical expertise. He is particularly effective in cases involving sensitive reputational considerations, complex legal arguments and multi-day hearings. His ability to guide clients through challenging employment disputes with strategic advice and persuasive advocacy makes him a compelling choice for both individual and organisational clients seeking results in tribunal and court proceedings.

Areas of Expertise

- Employment